## Annual Report from DAMA 2015

Danish Aeronautical Medical Association (DAMA) – affiliated with AsMA – had a small increase in members in 2015 and now holds almost 200 members. The majority of the members are physicians of which half of them are having specific interests in aviation medicine. The other half has interests in undersea and hyperbaric medicine. Furthermore, the association also holds members of other professions like pilots and nurses as well as medical



students. The board consist of 3 aviation medicine members and 3 undersea and hyperbaric medicine members. Usually a few members of the board participate in the annual AsMA meeting. In 2015 we held three board meetings.

The goal of the association is to arrange 3-4 meetings a year. In 2015 we organized two meetings. At the annual meeting we invited a former anesthesiologist at SOS-international who has been giving medical assistance to Scandinavian people all around the globe for 34 years. He gave a very inspirational and captivating talk with stories from his numerous SOS-trips. At the second meeting the topic was Fear of Flying. We had invited two speakers a Chief Pilot at Scandinavian Airlines (SAS) and a psychologist. They gave a very insightful talk about the reasons, the mechanisms and how to cope with the fear of flying. This topic seemed to have a lot of interest among the members based on the high number of participants.

The first meeting in 2016 will have the topic altitude sickness.

Best regards,

Daniel Bidstrup

DAMA Board Member