



# Ever Upward

## February 2026

### AsMA Member Spotlight—Nominate a Colleague Making an Impact!

We're excited to launch our new **AsMA Member Spotlight**, celebrating the incredible individuals who advance aerospace medicine and human performance every day. Know someone doing innovative, inspiring, or behind-the-scenes work that deserves recognition? Nominate them—or encourage them to nominate themselves! All current AsMA members are eligible.



Each spotlight will be featured on our social channels, showcasing the diverse ways our community leads, serves, researches, teaches, flies, heals, and pushes the boundaries of human capability. Help us highlight the people who make AsMA extraordinary.

**Submit a nomination today and shine a light on the work that moves**

**our mission forward.** Scan the QR code for the nomination form or visit <https://forms.gle/eWYNdkxrqUe8sZSk7>.

### Newman Named UHM Chief Editor

The Aerospace Medical Association (AsMA) is pleased to announce Dr. David Newman, AM, has been appointed Chief Editor, with Dr. Dan Popa, M.D., Ph.D., serving as Associate Chief Editor, of the *Undersea and Hyperbaric Medicine* (UHM) journal. Together, they bring world-class scientific leadership, editorial expertise, and frontline clinical insight that will elevate the journal's rigor, relevance, and global impact. AsMA looks forward to Dr. Newman's continued leadership of our *Aerospace Medicine and Human Performance*



journal as he takes on this new role with UHMS, emphasizing the value of interdisciplinary partnerships and advancing scientific knowledge across the pressure spectrum from sea to air to space.

The *Undersea and Hyperbaric Medicine* Journal accepts manuscripts for publication related to the areas of diving research and physiology, hyperbaric medicine and oxygen therapy, submarine medicine, naval medicine, and clinical research related to the above topics. To be considered for UHM, scientific papers must deal with significant and new research in an area related to biological, physical, and clinical phenomena related to the above environments. Reports of major contributions or symposiums will be considered and may be published as supplements to regular issues. For more information, please visit <https://www.uhms.org/publications/uhm-journal/about-the-uhm-journal.html>.

### Meeting Announcements



**Registration:** Early Bird registration opened on January 1 and is available through February 28. Advance Registration will run from February 29 through May 16. For any military or government employees who are not paying directly, we suggest submitting a paper registration to [info@asma-uhms-asm.org](mailto:info@asma-uhms-asm.org) in order to be registered in the system. Please visit <https://bit.ly/3OdFUUE> for more information or to register.



**Interactive Presentations:** If you will be presenting an interactive presentation (poster), the deadline for submitting your presentation is Tuesday, March 17, at 11:59 PM Eastern. NO updates will be accepted after this, even on site. Presentation guidelines and the link to submit your presentation are available at <https://bit.ly/3O0pWND>.

### New Members

*AsMA welcomed 32 new members in the past month.*

- Animashaun, Obafemi-Michael; Sewell, NJ, United States
- Asokan, Sainath; Portland, OR, United States
- Asplund, Chad; Bethesda, MD, United States
- Bairat, Achintya; Houston, TX, United States
- Chamnongkich, Pinyapat; Chiang Mai, Thailand
- Deshpande, Ketan; Bangalore, Karnataka, India
- Dorin, Alexander; Northlake, TX, United States
- Erder, Ece; Detroit, MI, United States
- Escobedo Palacios, Sabeane; Berkeley, CA, United States
- Farfel, Alex; Ann Arbor, MI, United States
- Garcia, Alexander; Ivins, UT, United States
- Hafner, Shari-Jean; San Antonio, TX, United States
- Kuna, Daniel; Mönchengladbach, Germany
- Lundegreen, Sabrina; Amarillo, TX, United States
- Matsumura, Shuri; Sayama-shi, Japan
- Méndez López, Marco; Mexico City, Mexico
- Meyer, Thomas; Louisville, KY, United States
- Moore, Victoria; Gainesville, FL, United States
- Muccio, Jim; Canton, GA, United States
- Nowrangi, Kevin; Loma Linda, CA, United States
- Padinjattakara, Noel; Chelsea, MA, United States
- Patel, Janki; Katy, TX, United States
- Peterson, Paul; Saint Cloud, MN, United States
- Plehuna, Anastasija; Bedford, Bedfordshire, United Kingdom
- Redinger, Derek; Sheridan, WY, United States
- Roldán, Paola; Bogotá, Colombia

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Send information for publication in this newsletter to: Journal Department, AsMA: [rtrigg@asma.org](mailto:rtrigg@asma.org)

From "New Members", p. N4

- Sembroski, Charles; Rosharon, TX, United States
- Sharma, Amber; Westminster, CO, United States
- Tokhmakhian, Ani; Los Angeles, CA, United States
- Tsuruhara, Aki; Iruma, Japan
- Weitzman, David; North Myrtle Beach, SC, United States
- Woltz, John; Casper, WY, United States

AsMA also welcomed back two returning members:

- Cinelli, Ilaria; Montelupo Fiorentino, Italy
- Johnson, Benjamin; San Francisco, CA, United States

### Visit Us on Social Media!

**X:** [https://x.com/aero\\_med\\_1929](https://x.com/aero_med_1929)

**FB:** [www.facebook.com/AerospaceMedicalAssociation](http://www.facebook.com/AerospaceMedicalAssociation)

**LinkedIn:** <https://bit.ly/3NY1kFc>

**Instagram:** [https://www.instagram.com/aero\\_med\\_1929/](https://www.instagram.com/aero_med_1929/)

**YouTube:** [https://www.youtube.com/@aero\\_med\\_1929](https://www.youtube.com/@aero_med_1929)

### Read Current News Online!

Visit <https://asma.org/news/asma-news/> or read the most recent newsletter at <https://asma.org/publications/newsletters/>.

## News of Corporate Members

### Somnology Is Newest Corporate Member

Somnology, Inc., is the Aerospace Medical Association's most recent Corporate Member. They are a company that specializes in sleep disorder treatment with a goal of improving health through digital solutions. Their main tool is Sleep Lab as a Service (SLaaS), which provides detailed insights through user-friendly dashboards in order to help customers get better sleep. They also offer telehealth services for sleep care needs, providing expert advice and tailored solutions. They offer a medical device for monitoring sleep, as well.

—Please visit <https://www.somnologymd.com/> for more information on this company.

### Mayo Clinic Performs Record Number of Organ Transplants

Mayo Clinic Transplant achieved the highest annual transplant volume in its history in 2025 by performing 2,065 solid organ transplants across its Arizona, Florida and Minnesota campuses, according to data from the Organ Procurement and Transplantation Network (OPTN). The new record surpasses 2,006 transplanted solid organs in 2024 and 1,952 in 2023, reflecting Mayo Clinic's dedication to saving more lives through continued advances in transplantation driven by new research, technology and innovation. The record volume is encouraging, as the number of patients waiting on the national transplant list remains daunting. More than 109,000 people in the United States are currently waiting for lifesaving organs, according to OPTN data. To meet this need, Mayo Clinic teams are advancing the science and delivery of transplantation through initiatives such as: exploring the use of stem cells to prevent organ rejection; using normothermic machine perfusion to improve organ preserva-

tion; expanding living donor paired exchange programs; and researching artificial intelligence to transform organ transplants.

—Please visit <https://newsnetwork.mayoclinic.org/discussion/mayo-clinic-transplant-performs-record-2065-organ-transplants-in-2025/> to read more.

### AOPA Announces Flight School, Instructor Awards

The Aircraft Owners and Pilots Association (AOPA) announced the regional winners of its 2026 Flight Training Experience Awards, which recognize outstanding flight schools and flight instructors across the United States. The awards are based on feedback received from thousands of student pilots, newly certificated pilots, and pilots completing flight reviews or pursuing advanced certificates or ratings. Many reviewers praised not only the quality of instruction they received, but also the encouragement, support, and sense of community fostered by these flight schools and instructors. Six flight schools and six

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### Corporate News Bites

**MedAire:** Dr. Paulo Alves, MedAire's global medical director of aviation health, was interviewed for an article in the Boca Raton Tribune. The article was on mitigating the potential medical risks of air travel. To read the article, please visit <https://www.bocaratontribune.com/bocaratonnews/2025/11/navigating-the-unhealthy-skies-expert-advice-from-aerospace-physicians-on-mitigating-air-travel-risks/>.

**ALPA:** The Air Line Pilots Association (ALPA), Int'l, issued a statement supporting the Consolidated Appropriations Act (H.R. 7148), which includes funding and policy provisions that will improve aviation safety and strengthen the pilot workforce. ALPA is urging Congress to pass this legislation as they feel it will advance aviation safety, strengthen the national airspace system, and improve the pilot profession. To read the complete statement, please visit <https://www.alpa.org/press-room/2026/01/bipartisan-appropriations-bill-includes-critical-aviation-safety-provisions>.

### Want to see your company's news here?

Become a Corporate Member! Corporate members receive a discount on the online journal, advertising, registration, and exhibiting discounts, and membership in the Corporate Forum. For more information or to apply please visit <https://asma.org/resources/who-we-serve/corporations/>.

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individual flight instructors were selected as regional winners for 2026. From among these regional honorees, one flight school and one flight instructor will be named national winners at Redbird Migration, which will be held at the Aerospace Center for Excellence in Lakeland, FL, on March 3-4.

—Please visit <https://aopa.org/news-and-media/all-news/2026/january/20/pr-aopa-foundation-announces-regional-winners-of-top-flight-school-instructor-awards> to read more.

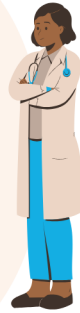


## REVIEWERS! WE NEED YOU.

### AMHP is always seeking dedicated reviewers...

Participating in peer review is an excellent way to strengthen your resume while advancing science in our field and giving back to the research community.

Sign up on Editorial Manager, then request to become a reviewer. You will receive a letter of invitation when we have a specific paper for you to review.



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**The Need For SPEED**  
Farther, faster, together.

The Aerospace Medical Foundation is working to accelerate its efforts by empowering the next generation of Aerospace Medicine scientists who will take humans to deep space. In order to achieve these objectives, they are setting a goal in the "Need for Speed" campaign of \$5 million by AsMA's 100<sup>th</sup> Anniversary! Donations can be in cash or in stock and can be made by credit card or PayPal through the [AsMAFoundation.org](http://AsMAFoundation.org) website. AsMA Members: consider joining the Heritage Society and include the Foundation in your estate planning.

**Support the Foundation!**

**With your help we can accelerate to Mach 10 by 2029!**

SUBSONIC MACH < 1.0

**\$680,000**

### 2026 FAA AME Seminars

These are offered by the FAA AME Program Office.

March 9-13	Oklahoma City, OK, USA	Basic
April 17-19	Fort Worth, TX, USA*	Refresher

\*Tentative.

AsMA only takes registrations for the seminar held at our Annual Scientific Meeting. Visit <https://bit.ly/45GmRID> for more information.