



Ever Upward

July 2026

2026 Life Sciences and Biomedical Engineering Branch (LSBEB) Awards

The following awards were presented by the Life Sciences and Biomedical Engineering Branch (LSBEB) during the business meeting held on May 19, 2026, at the Denver Athletic Club immediately before the LSBEB Joint Social. The members of this year's Awards Committee included: Carol Ramsey, Estrella Forster, Leon Hrebien, Dwight Holland, Barry Shender, Debbie White, Marc Shepanek, Annie Sobel, and Emmanuel Urquieta.

The Awards Committee would like to thank the nominators and Rachel Trigg of AsMA Headquarters, who assisted with the McFarland Award.

2026 LSBEB Ross McFarland Student Award

This award was established in 1975. It is given to the author of the best student paper that reports on a significant achievement in biomedical engineering, and it was accepted by the AsMA Scientific Program Committee. The committee selects the best abstract from those submitted by students each year. This year, there were 55 candidates.



The 2026 winner of this award was Mr. Ezra Myerson, a biomedical engineering student at Brown University in Providence, RI, United States. The title of his abstract was "Evaluation of Novel 3D-Printed Surgical Tools for Long-

Term Space Missions."

The award was presented by the President of the LSBEB, Carol Ramsey, D.O., MPH.

2026 LSBEB A. Howard Hasbrook Award

This award was established in 1990. It recognizes an individual who has provided noteworthy data or design with respect to safety, survivability, or crashworthiness relevant to aircraft or space vehicles.



The 2026 winner of this award was Harriet Lester, M.D., of the Federal Aviation Administration (FAA) in New York, NY, United States. Dr. Lester has been supporting aviation safety for 25 years at the FAA. She is currently the Senior Advisor to the Federal Air Surgeon. She is a Fellow of AsMA, AsHFA, CAMA, and the American Academy of Ophthalmology. Her recent accomplishments include

oversight of all nine FAA aerospace medicine regions and air traffic hiring. She also had oversight of half the total of reported FAA COVID-19 cases. Dr. Lester's dedication to aviation safety has encompassed leadership and support positions concerned with the safety of humans in the U.S. National Airspace System, to include operators and the flying public.

The award was presented by the President of the LSBEB, Carol Ramsey, D.O., MPH.

2026 LSBEB Research, Development, and Innovation Award

This award was established in 1985. It is given to an individual who has demonstrated innovative life sciences and/or biomedical engineering research related to the design or development of aerospace medical equipment or systems.

The 2026 winner of the award was Annette Sobel, M.D., M.S. of Texas Tech University in Lubbock, TX, United States.



Dr. Sobel is a co-inventor with fellow Texas Tech developers for two additional patents, one for a novel system for neutron detection for medical and environmental sensing, and another for real-time nitric oxide detection in respiratory gases as an early indication of pulmonary stress. She also founded and directed the University of Missouri National Security Innovation Center.

Dr. Sobel is a widely accomplished physician and prolific researcher who has made many discoveries through her 33-year aerospace medicine career that apply to life sciences, biomedical engineering, engineering, and information technology. She retired as a Major General from the Air National Guard in Arizona. Her willingness to share her findings with many organizations with which she is affiliated has made her a real asset to the aerospace medicine community, the military, the general population, and science in general.

The award was presented by the President of the LSBEB, Carol Ramsey, D.O., MPH.

2026 LSBEB Professional Excellence Award

This award was established in 1965. It recognizes an individual who has produced outstanding research accomplishments and/or research management achievements important to life sciences and/or biomedical engineering for several years.

The 2026 winner of the award was Bethany Shivers, Ph.D., of the Naval Air Warfare Center, Aircraft Division, in Lexington Park, MD, United States.



Dr. Shivers holds a Ph.D. in Kinesiology and has over 20 years of experience in military aviation and research in acute and chronic musculoskeletal injury mechanisms and risk mitigation, as well as survival systems acquisition and fleet sustainment. Dr. Shivers serves as the Lead Technologist for the Naval Air Warfare Center Human Systems Engineering Department and

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its Chief Technology Officer. Among her many roles, Dr. Shivers is responsible for providing mentorship for junior scientists and engineers and guiding Research and Development, Test, and Evaluation. Issues under her purview are Human Autonomy Teaming; Operator State Monitoring; Protection, Performance, & Survivability; Mitigation of Musculoskeletal Injury Risk; and Aircrew Performance Optimization. She oversees an extensive technical portfolio and serves in the Army National Guard including the combat deployments supporting Operations Iraqi Freedom and Enduring Freedom. She earned the Bronze Star Medal as a result. Dr. Shivers takes great pride in her ability to serve the military in and out of uniform and takes the same passionate approach to warfighter performance and protection in both roles.

The award was presented by the President of the LSBEB, Carol Ramsey, D.O., MPH.

2026 LSBEB Special Recognition Award

This award was introduced in 2018. It is granted by the president of the LSBEB. It highlights an LSBEB member, sponsor, or other entity and their special accomplishment(s) in service of the LSBEB. The form and nature of the award is at the discretion of the LSBEB President.



The 2026 winner of the award was Estrella "Star" Forster, Ph.D. for her many years of service, especially for taking the lead in the LSBEB awards program and previously editing and distributing the constituent organization's newsletter. She has also offered help with a multitude of

projects, ensuring the continuing viability of the LSBEB.

Dr. Dwight Holland accepted the award on her behalf.

It's Time to Make Lunar Landing Day a National Holiday

Congratulations to all who made this year's AsMA conference so successful and to all attendees who made it spectacular. These are exhilarating times in the world of aviation and exploration and discovery in general, especially given the excitement of the Artemis 2 lunar mission. With all of that in mind, this is a related message you will likely find intriguing.

There is a national coalition working on a project to establish a new official federal day of observance to celebrate the first time humans landed on the Moon. Lunar Landing Day will be celebrated every July 20th in honor of the Apollo 11 landing and the 410,000 people who all worked so hard to ensure the success of that mission. Coalition members think it is tragic that more

attention is not devoted to the astonishing accomplishments of the Apollo program and all that NASA achieved in putting humans on the moon and returning them safely to earth. It clearly demonstrated what we can do as a society when we all pull together.

We have the support of the Apollo-era Astronauts and Mission Control Flight Directors still

living among us mortals. Beyond that, we have the support of thousands of people from all walks of life, all across the nation.



We also have the endorsement of several aviation and space museums around the nation. A major facet of this endeavor is to promote STEM education. We ought to do more to inspire the next generation of engineers, scientists, astronauts, and explorers. We would love to add each of you reading this to the ever-expanding list of people and institutions around the nation who like the concept. Please check out the website and sign the petition to join us. There is no cost to do so.

A list of our "Top 10" recent accomplishments is shown below. More information is available on our website: www.lunarlandingday.net. Thank you in advance for your support. Please contact me if you have any questions about this.

—Robert "Bob" R. Slater, Jr., M.D., F.A.C.S.

TOP 10 KEY ACCOMPLISHMENTS IN THE LUNAR LANDING DAY CAMPAIGN:

1. **Popularity:** There is a long list of people from all walks of life who have pledged to turn the vision into reality for the new holiday. Social media campaigns continue to attract more supporters all the time. The new website has been updated to promote this further: www.lunarlandingday.net.
2. **Moonwalkers:** 12 humans walked on the Moon. Only 4 are still walking among us mortals. All 4 support the campaign: Buzz Aldrin, one of the first 2 humans to set foot on the lunar surface; Dave Scott, Commander of Apollo 15; Charlie Duke, who served as CapCom at the moment the Eagle landed and later became a moonwalker himself with John Young during the Apollo 16 mission; and Jack Schmitt, moonwalker and lunar module pilot for Apollo 17 and later U.S. Senator from New Mexico. We also have the support of the sons of Neil Armstrong, Rick and Mark Armstrong.
3. **NASA:** Many others who have worked at NASA in various capacities have added their names to the list of supporters: Fred Haise, who was a backup team member for Apollo 11, later flew the Apollo 13 mission, and was a test pilot for the very first glider landing of the Space Shuttle; Gene Kranz, Flight Director at the moment the Eagle landed; Gerry Griffin, one of the flight directors for Apollo 11 and many other missions; Milt Windler, Apollo 11 flight director; Fred Gregory, a former space shuttle commander and later Acting Director of all of NASA; Cady Coleman, veteran NASA astronaut and world explorer; and many other astronauts.
4. **Legislation:** Legislation to establish Lunar Landing Day as a new official legal day of observance is now being considered on Capitol Hill. We have a top-tier lobbyist working on this in Washington, DC.
5. **Congress:** Every one of the current 100 U.S. Senators has been contacted and sent customized personal messages. Several support the concept. All current members of the U.S. House Committee on Science, Space, and Technology have been contacted and sent individual messages. Many others have been contacted also.
6. **Governors:** Every one of the 55 U.S. Governors (50 states + 5 U.S. territories) has been contacted and sent individual, customized messages. Wyoming accepted the challenge and made it a state holiday in 2023. This year in Arizona, Governor Katie Hobbs signed a Proclamation to honor the Apollo 11 landing.
7. **States:** Messages calling for action and support of the campaign have been sent to many other politicians at the local

and state level, including County Boards of Supervisors, State Assemblies, and State Senates. Support for the concept continues to build. The Sacramento County Board of Supervisors issued an Official Proclamation honoring Lunar Landing Day this year.

8. Alliances: Outreach to several museums, space clubs, and similar associations has resulted in good collaboration towards the ultimate goal of making Lunar Landing Day a new federal holiday. Supporters include: the San Diego Air and Space Museum; the American Space Museum in Titusville, FL; the Deke Slayton Space Museum in Sparta, WI; the Infinity Science Center in Pearlington, MS; the Mississippi Aviation Heritage Museum in Gulfport, MS; the Museum of Science and Curiosity in Sacramento, CA; the Tulsa Air and Space Museum in Tulsa, OK; the Cosmosphere in Hutchinson, KS; the USS Hornet—Sea, Air, & Space Museum in Alameda, CA; the Stafford Air & Space Museum in Weatherford, OK; the Moon Tree Foundation in Biloxi, MS; the National Aviation Hall of Fame in Dayton, OH; the International Women’s Aerospace Museum in Cleveland, OH; the Museum of Flight in Seattle, WA; the Cradle of Aviation Museum on Long Island, NY; the Kentucky Science Center in Louisville, KY; the Aerospace Museum of California in Sacramento, CA; the Frontiers of Flight Museum in Dallas, TX; the Lunar and Planetary Laboratory at the University of Arizona in Tucson, AZ; the Gus Grissom Center and Space Museum in Bonne Terre, MO; the Armstrong Air and Space Museum in Wapakoneta, OH; the Pima Air and Space Museum in Tucson, AZ; the Seymour Planetarium and Springfield Museums in Springfield, MO; the Southeastern Pennsylvania Cold War Historical Society in Warminster, PA; the Pisgah Astronomical Research Institute in Rosman, NC; the Association of Space Explorers—USA; the Ingram Planetarium at Sunset Beach, NC; the Museum of Coastal Carolina at Ocean Isle Beach, NC; the Explorers Club in New York, NY; the National Space Society in Washington, DC; the “Air Zoo” Aerospace and Science Center in Kalamazoo, MI; the Association of Science and Technology Centers in Washington, DC; the Grout Museum District in Waterloo, IA; the Sanford Museum and Planetarium in Cherokee, IA; the Center of Science and Industry in Columbus, OH; and the Planetary Science Institute in Tucson, AZ.
9. Schools: Several schools and educational institutions across the nation have also added their names to our list of supporters.
10. Unity: This campaign is about celebrating the efforts of all 410,000 people in all 50 states who worked diligently and tirelessly to make the lunar landing succeed. This new holiday will serve to unite the people in this nation and around the world who can all celebrate something positive together.

Visit Us on Social Media!

LinkedIn: @AerospaceMedicalAssociation
Facebook: @AerospaceMedicalAssociation
Instagram: @aero_med_1929
X: @aero_med_1929
YouTube: @aero_med_1929

New Members

AsMA welcomed 18 new members in the past month:

- Alkandari, Anwar; Mubarak Al-Kabeer Governorate, Kuwait
- Bister, Daniel; Miami Beach, FL, United States
- Brokowski, Carolyn; Glastonbury, CT, United States
- Cowan, Aaron; Clifton, NJ, United States
- Emgushov, Olga; Merritt Island, FL, United States
- Harvey, Kelly; Madison, GA, United States
- Kuntzman, Matthew; Grosse Pointe Woods, MI, United States
- Kuss, Elizabeth; Panama City, FL, United States
- McKee, Samuel; Stokenchurch, UK
- Moreau, Reagan; Round Top, TX, United States
- Laboni, Roy; Greater Noida, India
- Rupert, Zachary; Brandywine, MD, United States
- Serjmyadag, Anudari; Ulaanbaatar, Mongolia
- Simone, Marco; Oggiono, Italy
- Waida, Allison; Montgomery, TX, United States
- Wolfenbarger, Maria; Macomb, MI, United States
- Yaqub, Khadija; Plano, TX, United States
- Zhong, Rocksheng; Houston, TX, United States

Fellows Class of 2026

The following members have achieved Fellow status:

- Michael Brough
- Paul DeFlorio
- Kevin Divers
- Jonathan Elliott
- Erik Frijters
- Patrice Guillemautot
- Benjamin Johansen
- Jeffrey Kinard
- Joanna Nelms
- Karen Ong
- Luis Rivero
- Scott Salmon
- Kathleen Samoil
- Thomas Sather
- Christopher Scheibler
- Brian Smalley
- Richard Speakman
- Leigh Swanson
- Kimberly Toone
- Michael Wood
- Ramon Yambo-Arias

A Golden Jubilee in Medicine, Aviation, & Aerospace—50 Years of Service, Purpose, and Grace

Today, by the grace of Almighty God, I celebrate fifty years since graduating with the M.B.B.S. degree from the University of



Ibadan. Reaching this milestone has prompted me to reflect not only on the journey itself, but on the extraordinary privilege of spending a lifetime in service to medicine and to humanity.

From my days as President of the University of Ibadan Medical Students’ Association and Editor-in-Chief of “Vox Medici”, the medical students magazine (1974–1975), through

postgraduate training in the United Kingdom, and later returning home to Nigeria, I have been blessed with opportunities far greater than I could ever have imagined as a young medical student.

I graduated with the Alexander Brown Hall Class of 1976 Set—a remarkable group of colleagues who have each made significant contributions to medicine and society globally. Over five decades, I have had the privilege of contributing to Internal Medicine, training with the Royal Air Force's Institute of Aviation Medicine in Farnborough, helping to pioneer Aviation & Aerospace Medicine in West Africa, serving in the Nigerian Air Force, mentoring younger doctors, writing, teaching, and helping to establish healthcare institutions of international excellence dedicated to improving patient care.

Along the way, I have been honoured with top professional appointments, fellowships, and international recognition, including being listed among the world's distinguished contributors in science, aerospace, and medicine. I remain deeply grateful for every opportunity entrusted to me: receiving the first registrable Diploma in Aviation Medicine given to a Nigerian back in 1980 jointly from the Royal College of Physicians of London and Royal College of Surgeons of England; becoming a Foundation Fellow of the West African College of Physicians (Faculty of Internal Medicine) in Aviation Medicine as well as receiving Nigeria's first full Fellowship in Aerospace Medicine; and holding a Life Membership with the Aerospace Medical Association. These remain some of the great privileges of my professional life, not because of the titles, but because of the opportunity they provided to help build a specialty for future generations.

Looking back, however, I realise that careers are not defined only by achievements. They are also shaped by the difficult decisions we make, the sacrifices we accept, the disappointments we endure, and the values we choose never to compromise.

Some of the paths I chose led to great fulfilment. Others brought unexpected but serious challenges. For example, the professional audacity and assertiveness in 1981 to permit Nigerian Air Force officers with Blood Genotype AS to fly high-performance aircraft for the first time, bearing in mind that 25–30% of Nigerians carry the sickle cell trait, a decision later taken by the U.S. armed forces in 1982 via a Supreme Court ruling, but nonetheless a professional decision that was not accepted by the establishment and eventually forced me to retire prematurely (but voluntarily) from active service in 1993! I understand that my 1981 scientific position was finally adopted by the Nigerian Air Force over half a decade ago, but perhaps while wondering aloud, I deserve an official apology with some honour for my professional courage, despite raging oppositions, to clear several military pilots, some of whom have progressed meritoriously to the apex of their flying career as Chief of the Air Staff!

Notwithstanding my voluntary retirement from the Nigerian Air Force, I continued to serve Nigeria selflessly as pioneer Consultant & Chief Authorized Medical Assessor to defunct Federal Civil Aviation Authority (FCAA) and offshoot Nigerian Civil Aviation Authority (NCAA) from 1990–2000, albeit without any official remuneration for this national service outside military salary or pension.

Yet, through every season, I have remained grateful that God gave me the privilege to serve where I believed I was called. If there is one lesson these fifty years have taught me, it is that success is not measured solely by titles, positions, or recognition, but by whether we have used our gifts faithfully in the service of

others and humanity generally.

One of the greatest privileges throughout my career has been the opportunity to provide medical care for people from every walk of life/society—from children and everyday families to presidents, senators, governors, royalty, religious leaders, military leaders, diplomats, other distinguished public servants, aviators, and successful businessmen. Each patient or client, regardless of title or status, entrusted me with something precious: their health. That trust has always been one of the greatest honours of my professional life.

Each encounter has been a reminder that medicine transcends status, position, and title and that every patient deserves the same compassion, excellence, and respect. I am grateful for the colleagues and mentors who enriched my journey, the students who have gone on to surpass their teachers, and the opportunity, through God's grace, to contribute to the advancement of medicine and to help lay foundations upon which future generations can continue to build.

Above all, I thank my family—and most especially my beloved, beautiful wife, Edna, as well as my wonderful children and grandchildren. Edna has been my greatest companion, my steadfast supporter, my wisest counsellor, and my partner through every triumph and every disappointment. Much of what I have been able to accomplish would simply not have been possible without her love, sacrifice, and unwavering belief in me. No professional accomplishment is ever achieved alone; so I share this milestone with those teachers and mentors who have helped me through this career path.

As I celebrate this Golden Jubilee, I do so with profound humility and gratitude. Medicine has given me far more than a career. It has given me a life of purpose.

Above all, I thank Almighty God, whose grace alone has sustained me through every success, every setback, every open door and every closed one. To Him alone be all the glory.

—Dr. Makanjuola Akindele Owolabi, M.B.B.S., FWACP, FAsMA, FRSM, FIMC, D Av Med, MACOEM, MRAeS, Emeritus Consultant & Life Fellow in Aviation / Aerospace Medicine, Internal Medicine, and Clinical Hyperbaric Medicine

Save these Dates!

The **2027 AsMA-UHMS Annual Scientific Meeting** will be held **May 23-27, 2027**, in Dallas, TX, at the Hilton Anatole Dallas Hotel. Details are coming soon to the asma-uhms-asm.org website.

Look out for the **Call for Abstracts** to open around **October 1, 2026**. This year, we are launching a new abstract submission site for BOTH AsMA and UHMS abstracts to be submitted in one place. We hope you will enjoy this streamlined process for our Joint Annual Scientific Meetings.

Evaluation instructions to receive your CME credits from the 2026 Annual Scientific Meeting were sent out last month. If you have not completed your evaluation, sign into your account on the asma-uhms-asm.org website, click “My Account,” and select “2026 ASM Evaluation.”

News of Corporate Members

Mayo Clinic's AI Research Summit Explores the Future of Healthcare AI

Last month, more than 750 researchers, clinicians, scientists, engineers, students, and others attended the Mayo Clinic's AI Research Summit, both online and in person in Rochester, MN. The conference highlighted emerging applications of AI in healthcare, including multi-agent AI and realistic simulations to help users test ideas, make informed decisions, and tackle more complex tasks. With every exciting new application discussed, speakers reinforced the need for human oversight and accountability, as well as better governance and supporting infrastructure to ensure that these tools are deployed safely, responsibly, and reliably.

—Please visit <https://newsnetwork.mayoclinic.org/discussion/mayo-clinic-summit-explores-the-next-phase-of-healthcare-ai-video/> to learn more.

GlobalMed Announces Partnership to Bring Contactless Ambient Sensing Technology to Federal Healthcare Market

GlobalMed has announced a new strategic partnership with Smart Meter and Neteera to incorporate advanced, radar-based ambient sensing technology into its eNcounter® virtual care platform. This system provides passive, continuous monitoring of vital signs, movement, and sleep patterns, capturing more than 40,000 physiological data points per patient per day and enabling proactive detection of clinical deterioration, improving patient outcomes, and limiting avoidable hospitalizations and readmissions. It's especially well-suited for home care, correctional facilities, remote clinics, and other challenging environments.

—Please visit <https://www.globalmed.com/resources/globalmed-announces-strategic-partnership-with-smart-meter-and-neteera> to learn more.

Class of 2026 Graduates from the UTMB Aerospace Medicine Residency

On June 11, five physicians graduated from the UTMB Aerospace Medicine Residency: Andrew Zi-On Lam, M.D., M.S., Vasilis Caesar Mavratsas, M.D., M.S., Brian Rafael Rodriguez, M.D., M.S., Christine Cara Schwartz, M.D., M.S., and Ethan Stewart Stephens, D.O., M.S. Congratulations to all!

—Please visit <https://www.utmb.edu/spph/aerospace-medicine/home/news/2026/06/12/utmb-aerospace-medicine-residency-class-of-2026> to learn more.

ALPA President Testifies before the U.S. Senate on Aviation Safety

Capt. Jason Ambrosi, current ALPA President, recently testified before the U.S. Senate Committee on Commerce, Science, and Transportation's Subcommittee on Aviation Safety, Operations, and Innovation. The hearing was called "Close Calls: Improving Safety Across the National Airspace System," and Ambrosi's testimony stressed the need for urgency in addressing a recent increase in close calls, as well as two fatal accidents that occurred near the Washington National Airport and at the LaGuardia Airport in the past 16 months. Keen to prevent future accidents,

ALPA has made several recommendations for the Committee, including: 1) enact the ROTOR Act's integrated ADS-B In mandate; 2) rapidly expand surface surveillance and runway lighting systems; 3) close the military ADS-B Out loophole; and 4) accelerate air traffic control modernization.

—Please visit <https://www.alpa.org/press-room/2026/06/good-enough-is-no-longer-good-enough-aviation-safety> to learn more.

KBR to Provide Technology for Sustainable Aviation Fuel Plant in Singapore

In keeping with their long history of leading the charge in clean fuel solutions and decarbonization, KBR has now been selected to provide technology licensing and front-end engineering design services for the proposed Sustainable Aviation Fuel (SAF) plant being developed by Keppel Ltd.'s Infrastructure Division and Aster Chemicals and Energy in Singapore. The new plant is expected to produce up to 100,000 tons of SAF per year, and it will be the first of its kind in Asia.

—Please visit <https://www.kbr.com/en/insights-news/press-release/kbrs-puresaf-technology-selected-keppel-and-aster-licensing-and-feed-asias-first-commercial-scale-ethanol-jet-sustainable-aviation-fuel-plant> to learn more.

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Meetings Calendar

Ongoing: HFACS Workshops; Online. For more info, please visit <https://www.enrole.com/erau/jsp/course.jsp?categoryId=&courseId=HFAC> for in-person and <https://www.enrole.com/erau/jsp/course.jsp?categoryId=558570F8&courseId=OHFA> for online.

July 7-10, 2026; 27th AIAA International Space Planes and Hypersonic Systems and Technologies Conference; Naples, Italy. For more info, please visit <https://aiaa.org/events/27th-aiaa-international-space-planes-and-hypersonic-systems-and-technologies-conference/>.

July 15-18, 2026; 17th International Conference on Mechanical and Aerospace Engineering; London, United Kingdom. For more info, please visit <https://ieee-aess.org/event/conference/2026-17th-international-conference-mechanical-and-aerospace-engineering>.

Sept. 13-18, 2026; 35th Congress of the International Council of the Aeronautical Sciences; Sydney, Australia. For more info, please visit <https://icas2026.com/>.

Oct. 1-3, 2026; International Congress of Aerospace Medicine (ICAM); Istanbul, Türkiye. For more info, please visit <http://www.icam2026.org/>.



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OCTOBER 1-3, 2026

Register at icam2026.org!

2026 FAA AME Seminars

These are offered by the FAA AME Program Office.

Aug. 7-9	Cambridge, MA (Tentative)	Refresher
Sept. 21-25	Oklahoma City, OK	Basic
Oct. 22-24	Dayton, OH	CAMA
Nov. 13-15	Virtual (Int'l)	Refresher

AsMA only takes registrations for the seminar held at our Annual Scientific Meeting. Visit the FAA AME seminar schedule at <https://bit.ly/45GmRID> for more information.